

TRAUMA COUNSELLING P00041

PURPOSE OF THE COURSE:

To enable pastors and other counsellors to deal with the process of recovery and healing after a traumatic experience. We live in a traumatised society and the church and/or the pastoral counsellor is often the only immediate or available resource for support and guidance.

MINIMUM ADMISSION REQUIREMENTS:

Any person with a grade 12 who is interested and/or involved in addressing individual and community trauma.

STRUCTURE AND DURATION OF THE COURSE:

The course is offered over three full days.

DATES OF CONTACT WEEKS:

15 – 17 Sept 2025

VENUE:

Tshwane

COST:

R3 200 (Incl VAT)

COURSE CONTENT

Module 1: Understanding the nature and impact of trauma.

Module 2: Weaving stories of trauma.

Module 3: Understanding the impact of crisis and trauma on the individual and family.

Module 4: Trauma Counselling.

Module 5: Describing and implementing trauma counselling.

Module 6: Defusing and debriefing.

Module 7: Post-traumatic stress disorder.

Module 8: Finding meaning in trauma - Care for the caregiver.

Module 9: Keep the fire burning - A program for caregiver restoration.

REGISTRATION DEADLINE:

One month before the start of the course

MINIMUM NUMBER OF PARTICIPANTS:

10